



**ELEMENTS STARTERS**

<b>Parsnip, Apple and Blue Cheese Soup</b>	<b>£5.95</b>
<b>Game Terrine</b> Toasted Fig Loaf, Baby Onion & Walnut Chutney	<b>£7.50</b>
<b>Crab and Saffron Risotto</b> Lemon, Chive & Crème Fraiche	<b>£7.95</b>
<b>Confit Pork Belly</b> Pickled Apple, Black Pudding & Mustard Crumb	<b>£6.95</b>
<b>Pea, Feta and Rosemary Tartlet</b> Sun Blushed Tomato Mayonnaise	<b>£6.95</b>

**ELEMENTS MAINS**

<b>Breast of Chicken</b> Dauphinoise Potato, Spinach Puree, Pickled Mushrooms, Madeira Jus	<b>£16.25</b>
<b>Braised Shoulder of Lamb</b> Minted Mash, Carrot & Swede Puree, Lamb Gravy	<b>£19.95</b>
<b>Sirloin Steak (*£2.00)</b> Hand Cut Chips, Cherry Vine Tomato, Pepper Sauce	<b>£21.95</b>
<b>Confit Duck Leg</b> Spring Onion Rosti, Wilted Pak Choi, Clementine Gel, Soy & Ginger Dressing	<b>£16.95</b>
<b>Fillet of Seabass</b> Curried Potato, Green Beans, Coriander & Lime Yoghurt	<b>£18.25</b>
<b>Butternut Squash, Sage and Goats Cheese Wellington</b> Champ Mash, Tomato & Red Pepper Sauce	<b>£14.95</b>

**ELEMENTS SIDES £3.50**

- Buttered New Potatoes**
- Hand Cut Triple Cooked Chips**
- Buttered Vegetables**
- Rocket and Parmesan**
- Julienne Fries**

**ELEMENTS DESSERTS**

<b>Warm Chocolate Fondant</b> Lavender Ice Cream	<b>£7.25</b>
<b>Whiskey Crème Brulee</b> Rhubarb Sorbet, Oat Crumble	<b>£6.95</b>
<b>Orange and Passionfruit Entremets</b> Cardamom Biscuits, Caramel Sauce	<b>£6.95</b>
<b>Coffee Panna Cotta</b> Coconut Sorbet, Caramelized Banana	<b>£6.50</b>
<b>A Selection of Fine Cheeses (*£2.00)</b> Apple and Date Chutney, Savoury Biscuits	<b>£8.50</b>

**COFFEES AND LIQUORS**

<b>Freshly Filtered Coffee</b>	<b>£3.20</b>
<b>Espresso</b>	<b>£2.95</b>
<b>Cappuccino</b>	<b>£2.95</b>
<b>Latte</b>	<b>£2.95</b>
All served with Minted Chocolates	
<b>Liquor Coffee of Your Choice</b>	<b>£6.95</b>

For guests on a rate including Dinner, these items will incur a supplement as identified.  
Please advise us if you have any special dietary requirements and we will be pleased to assist

Elements Restaurant is proud to use local suppliers and local produce.  
All our dishes are cooked to order, please allow time for their perfect preparation.